

Staffordshire Health & Wellbeing Board						
Report Title:	Starting Well, Living Well, Supporting Well A Pan Staffordshire Approach to Children and Young People's Mental Health and Emotional Wellbeing					
Date:	FPEG - 12 th September 2018 FSPB - 15 th October 2018 HWBB - 6 th December 2018					
Author:	Jill Mogg, Commissioning Manager, Families and Communities Commissioning on behalf of the CAMHS Commissioning Board					
Board Sponsor:	Helen Riley, Deputy Chief Executive and Director for Families and Communities					
Report Type:	System Issues	<input checked="" type="checkbox"/>	Prevention	<input type="checkbox"/>	Statutory Duties	<input type="checkbox"/>

Recommendation(s)

The Board is asked to:

- Offer any comments on the priorities indicated in the Strategy.
- Note the governance arrangements that are in place to give leadership and accountability to making POSITIVE change happen.
- Endorse the Strategy and the Local Transformation Plan (LTP) for wider circulation and publication.

Background

Introduction

- This report seeks to secure approval of the Strategy for supporting children and young people's mental health and emotional wellbeing needs across Staffordshire and Stoke on Trent. The Strategy has been developed as a collaborative approach to transforming the way in which we deliver services and promote positive wellbeing for children, young people and their families and carers. It has been informed by a robust assessment of need and through a range of engagement with our partners and stakeholders, including children and young people and their families.
- It sets out our vision and pledge to bring about POSITIVE change to the way in which we currently deliver services and support for children and young people, their families and carers and professionals and communities who play a key role in achieving positive outcomes in relation to mental health and emotional wellbeing. It also articulates what we need to do to bring about a fundamental change over the next 5 years and beyond.

Background and Context

- There has been substantial change in relation to the government's thinking with regard to children's mental health over the past few years, following the Future in Mind Report and the NHS Five Year Forward View. The government's Green Paper, Transforming Children and Young People's Mental Health Provision (December 2017) also proposes new ways of working for schools and colleges which will place more focus on early

identification of issues with regard to children and young people's emotional health and addressing low to moderate needs at an earlier stage.

4. Staffordshire's Emotional Wellbeing and Mental Health Strategy for children and young people is due to expire at the end of this year. The requirement to review the Strategy aligned to the proposed transformational changes is timely in ensuring that we have a clear vision on what our priorities are going forward and what needs to change.
5. This Strategy proposes a partnership approach to addressing the mental health and emotional wellbeing needs of our children and young people across Staffordshire and Stoke on Trent. We believe that collaboration in delivering our shared vision and priorities will be fundamental to delivering effective and sustainable transformation.
6. The mental health and wellbeing of all our children and young people is a priority for us all. Children and young people's emotional wellbeing impacts on every part of their lives, for their education, the relationships they have with their friends and family and the choices they make in everyday life.
7. Most of our children and young people do well and are **Thriving** for most of the time but there will be times when they need some extra help and support. To improve services and the mental health of our children and young people, a whole-system review is needed that looks at the future of all mental health services, including the role of the voluntary and community sector. There needs to be a re-focus away from medicalisation and mental ill health to prevention, early intervention and supporting the mental wellness of our children and young people, their families and their communities.
8. Better outcomes will be achieved for our children and young people through fostering collaborative relationships with our partners and our local communities. Transforming our offer to children and young people with regard to their mental health and emotional wellbeing will mean working differently, making sure that our collective resources are being used to best effect in achieving the right outcomes for our communities as a whole.
9. There are established leadership and collaborative commissioning arrangements in place across Staffordshire and Stoke on Trent between local authority and health partners in regard to children and young people's mental health. This offers a positive foundation for further transforming our services. This is endorsed through the Staffordshire and Stoke on Trent LTP for child and adolescent mental health services (CAMHS) and the respective local authorities.
10. This Strategy reflects the views, wishes and aspirations of all of our partners. This has been achieved through a range of consultation and engagement undertaken during the spring with children and young people, parents and carers and our partners and stakeholders. This has helped to inform our future priorities, where we need to change, where we invest our resources and what delivers the best outcomes for our children, young people and families.

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List of Background Papers:

[**Appendix A – Strategy Presentation**](#)

[**Appendix B – Starting Well, Living Well, Supporting Well – A Stoke-on-Trent and Staffordshire Approach to Children and Young People’s Mental Health and Emotional Wellbeing**](#)

[**Appendix C – Local Transformation Plan \(LTP\)**](#)